

# Automated External Defibrillator Program

## Basic CPR/AED Drill

National Aeronautics and  
Space Administration



Name	Date	Evaluator

Skill Step	Critical Performance Steps	Check if done correctly
1	Checks for response	<input type="checkbox"/>
2	Tells someone to call 911 and get an AED	<input type="checkbox"/>
3	Opens airway with head tilt-chin lift	<input type="checkbox"/>
4	Checks breathing ( <i>minimum 5 seconds, maximum 10 seconds</i> )	<input type="checkbox"/>
5	Gives 2 breaths ( <i>1 second each</i> ) with visible chest rise	<input type="checkbox"/>
6	Bares victim's chest and locates CPR hand position	<input type="checkbox"/>
7	Delivers first cycle of compressions at correct rate ( <i>&lt;23 seconds for 30 compressions</i> )	<input type="checkbox"/>
8	Gives 2 breaths ( <i>1 second each</i> ) with visible chest rise	<input type="checkbox"/>
AED arrives ( <i>Max time for AED arrival to shock &lt;90 seconds</i> )		
AED 1	Turns AED on	<input type="checkbox"/>
AED 2	Selects proper AED pads and places correctly	<input type="checkbox"/>
AED 3	Clears victim to analyze ( <i>must be visible and verbal check</i> )	<input type="checkbox"/>
AED 4	Clears victim to shock/presses shock button ( <i>must be visible and verbal check</i> )	<input type="checkbox"/>
9	Resumes chest compressions after one shock	<input type="checkbox"/>
10	Delivers second cycle of compressions at correct hand position ( <i>&lt;23 seconds for 30 compressions</i> )	<input type="checkbox"/>
11	Gives 2 breaths ( <i>1 second each</i> ) with visible chest rise	<input type="checkbox"/>

**Stop the Drill**